



IN CARE PROTOCOL BY COMPREHENSIVE WOUND CARE SERVICES

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We Heal Wounds

Wound Images						
Wound Type	Suspected Deep Tissue Injury	Stage I Pressure Ulcer	Stage II Pressure Ulcer or Partial Thickness wound	Stage III Ulcer or Full Thickness Wound		
Definition	<p>sDTI – Purple or maroon localized area of discolored intact skin or blood filled blister due to damage of underlying soft tissue from pressure and/or shear. The area may be preceded by tissue that is painful, firm, mushy, boggy, warmer or cooler as compared to adjacent tissue. Deep Tissue injury may be difficult to detect in individuals with dark skin tones. Evolution may include a thin blister over a dark wound bed. The wound may further evolve and become covered by thin eschar. Evolution may be rapid exposing of additional layers of tissue even with optimal treatment. NPUP 2019</p>	<p>Intact skin with non-blanchable redness of a localized area usually over a bony prominence. Darkly pigmented skin may not have visible blanching; its color may differ from the surrounding area. The area may be painful, firm, soft, warmer or cooler as compared to adjacent tissue. Stage I may be difficult to detect in individuals with dark skin tones. May indicate "at risk" persons. NPUP 2019</p>	<p>Stage II or Partial thickness loss of dermis presenting as a shallow open ulcer with a red pink wound bed, without slough. May also present as an intact or open/ruptured serum-filled or sero-sanguinous filled blister. Presents as a shiny or dry shallow ulcer without slough or bruising*. This stage should not be used to describe skin tears, tape burns, incontinence associated with dermatitis, maceration or excoriation. *Bruising indicated deep tissue injury. NPUP 2019</p>	<p>Stage III or Full Thickness – Full thickness tissue loss. Subcutaneous fat may be visible but bone, tendon or muscle are not exposed. Slough may be present but does not obscure the depth of tissue loss. May include undermining and tunneling. The depth of a Stage III pressure ulcer varies by anatomical location. The bridge of the nose, ear, occiput and malleolus do not have (adipose) subcutaneous tissue and stage III ulcers can be shallow. In contrast, areas of significantly adiposity can develop extremely deep Stage III pressure ulcers. Bone/tendon is not visible or directly palpable. NPUP 2019</p>	<p>Stage IV or Full Thickness – Full thickness tissue loss with exposed bone, tendon or muscle. Slough or eschar may be present. Often includes undermining and tunneling. The depth of a Stage IV pressure ulcer varies by anatomical location. The bridge of the nose, ear, occiput and malleolus do not have (adipose) subcutaneous tissue and these ulcers can be shallow. Stage IV ulcers can extend into muscle and/or supporting structures (e.g. fascia, tendon or joint capsule) making osteomyelitis or osteitis likely to occur. Exposed bone/muscle is visible or directly palpable. NPUP 2019</p>	
Treatment	<p>PREVENTION GUIDELINES</p> <ul style="list-style-type: none"> Pressure redistribution support surface as appropriate Turn and reposition q 2h in bed and q 1h in chair Offloading device to keep heels elevated off bed Monitor skin at least q 8hrs <p>PREP, IF APPROPRIATE</p> <ul style="list-style-type: none"> No sting sure prep <p>MOISTURIZE, IF APPROPRIATE</p> <ul style="list-style-type: none"> Remedy Nourishing Skin cream <p>PROTECT, IF INCONTINENT</p> <ul style="list-style-type: none"> Moisture Barrier ointments and protectants, as appropriate 		<p>Dry to Scant</p> <p>CLEANSE</p> <ul style="list-style-type: none"> Saline <p>PREP</p> <ul style="list-style-type: none"> Surprep No-Sting to periwound skin <p>APPLY</p> <ul style="list-style-type: none"> Skintegrity Hydrogel – Change Q 3days and PRN <p>COVER</p> <ul style="list-style-type: none"> Bordered Gauze 	<p>Moderate to Heavy</p> <p>CLEANSE</p> <ul style="list-style-type: none"> Saline <p>PREP</p> <ul style="list-style-type: none"> Surprep No-Sting to periwound skin <p>APPLY</p> <ul style="list-style-type: none"> Exuderm Odorsheid – change Q 3-5 days and PRN OR Optifoam/Optifoam Gentle – change Q 3-5 days and PRN 	<p>Dry to Scant</p> <p>CLEANSE</p> <ul style="list-style-type: none"> Saline <p>PREP</p> <ul style="list-style-type: none"> Surprep No-Sting to periwound skin <p>APPLY</p> <p>Debridement agent, qdaily</p> <p>FILL, IF NEEDED</p> <ul style="list-style-type: none"> Skintegrity Hydrogel and Gauze – change Q 3 days and PRN <p>COVER</p> <ul style="list-style-type: none"> Bordered Gauze Optifoam/Optifoam Gentle 	<p>Moderate to Heavy</p> <p>CLEANSE</p> <ul style="list-style-type: none"> Saline <p>PREP</p> <ul style="list-style-type: none"> Surprep No-Sting to periwound skin <p>FILL</p> <p>Debridement agent, qdaily</p> <p>COVER</p> <ul style="list-style-type: none"> Bordered Gauze Optifoam/Optifoam Gentle <p>**STALLED WOUNDS – PARTIAL/FULL THICKNESS</p> <ul style="list-style-type: none"> Puracol Plus – Change Q 3-5 days and PRN

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Wound Images							
Wound Type	Unstageable Pressure Ulcers Necrotic wounds	Skin Tear Type 1 or 2	Skin Tear Type 3	Colonized or Infected Wounds			
Definition	<p>Unstageable – Full thickness skin or tissue loss - Depth unknown. Full thickness tissue loss in which actual depth of the ulcer is completely obscured by slough (yellow, tan, gray, green or brown) and/or eschar (tan, brown, or black) in the wound bed. Until enough slough and/or eschar are removed to expose the base of the wound, the true depth can not be determined; but it will be either a Stage III or IV. Stable (dry, adherent, intact without erythema or fluctuance) eschar on the heels serves as "the body's natural (biological) cover" and should not be removed. NPUP 2019</p>	<p>Type 1 – No Skin Loss. Linear or flat tear which can be repositioned to cover the wound bed</p> <p>Type 2 – Partial Flap Loss. Flap cannot be repositioned to cover the wound. NPUP 2019</p>	<p>Type 3 – Total Flap Loss. Entire wound bed is exposed NPUP 2019</p>	<p>Colonized – Presence of bacteria that cause no local or systemic signs or symptoms.</p>	<p>Infected – represents the invasion of bacteria into healthy tissue where they continue to proliferate and cause a reaction from the host – will typically show signs of clinical infection, need Topical/Systemic ABX</p>		
Treatment	<p>All Levels</p> <p>OTHER NECROTIC WOUNDS</p> <p>CLEANSE</p> <ul style="list-style-type: none"> Saline <p>PREP</p> <ul style="list-style-type: none"> Surprep No-Sting to periwound skin <p>APPLY</p> <ul style="list-style-type: none"> TheraHoney – change Q 3-5 days and PRN <p>COVER</p> <ul style="list-style-type: none"> Bordered Gauze, Optifoam Gentle 	<p>Dry to Scant</p> <p>CLEANSE</p> <ul style="list-style-type: none"> Saline <p>PREP</p> <ul style="list-style-type: none"> Surprep No-Sting to periwound skin <p>APPLY</p> <ul style="list-style-type: none"> Skintegrity Hydrogel, change Q 3 days and PRN <p>COVER</p> <ul style="list-style-type: none"> Rolled Gauze/tape <p>OR</p> <p>APPLY</p> <ul style="list-style-type: none"> Optifoam Gentle – Change Q 3-5 days and PRN 	<p>Moderate to Heavy</p> <p>CLEANSE</p> <ul style="list-style-type: none"> Saline <p>PREP</p> <ul style="list-style-type: none"> Surprep No-Sting to periwound skin <p>APPLY</p> <ul style="list-style-type: none"> Optifoam Gentle, change Q 3-5 days and PRN 	<p>Dry to Scant</p> <p>CLEANSE</p> <ul style="list-style-type: none"> Saline <p>PREP</p> <ul style="list-style-type: none"> Surprep No-Sting to periwound skin <p>FILL</p> <ul style="list-style-type: none"> SilvaSorb Hydrogel, change Q 3 days and PRN <p>COVER</p> <ul style="list-style-type: none"> Bordered Gauze <p>Debridement agent</p>	<p>Moderate to Heavy</p> <p>CLEANSE</p> <ul style="list-style-type: none"> Saline <p>PREP</p> <ul style="list-style-type: none"> Surprep No-Sting to periwound skin <p>APPLY</p> <ul style="list-style-type: none"> Opticell Ag, change Q 3-5 days and PRN <p>COVER</p> <ul style="list-style-type: none"> Bordered Gauze or Optifoam Gentle <p>Antibiotic Powder with debridement agent. ABX PO as per PCP</p>		

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Routine Skin Care	High Risk Skin	Incontinence	Incontinence Associated Dermatitis (IAD)	Weepy Edema	Intertrigo	Fungal Rash
<p>Everyday skin care for patients with no skin related issues</p>	<p>Skin care for those at high risk for breakdown or for sensitive skin</p>	<p>Moisture barrier for those patients who are incontinent to provide protection where skin is intact.</p>	<p>Skin protectant and treatment for those patients who are incontinent and where skin is compromised or with epidermal skin loss.</p>	<p>Protectant barrier and treatment for compromised, weepy skin</p>	<p>Protection and treatment for areas exposed to friction and moisture where there is skin to skin contact</p>	<p>Protection and treatment of fungal rash</p>
Current	Current	Current	Current	Current	Current	Current
<ol style="list-style-type: none"> Cleanse and dry area thoroughly Apply skin cream while skin is damp, when possible Apply skin cream only to point where cream disappears Avoid massaging red, bruised, or discolored skin, or over a bony prominence Inspect skin for signs of breakdown especially over bony prominences and under breasts, abdominal folds, axilla areas, heels and ankles Remove socks or support hose daily to inspect feet for signs of pressure or skin breakdown 	<ol style="list-style-type: none"> Cleanse and dry area thoroughly Protect skin after cleansing with barrier cream Apply barrier cream to intact skin and reapply as needed Inspect skin with each cleansing to identify early breakdown 	<ol style="list-style-type: none"> Cleanse and dry area thoroughly Protect skin after cleansing with skin protectant paste Apply skin protectant paste to denuded or macerated skin until entire area is covered Utilize a thin layer, and cleanse soiled area only until clean. It is not necessary to remove all of the skin protectant paste Inspect skin with each cleansing 	<ol style="list-style-type: none"> Cleanse and dry area thoroughly Apply skin protectant paste to compromised weepy skin Avoid putting skin protectant paste in between the toes 	<ol style="list-style-type: none"> Cleanse and dry area thoroughly Apply skin protectant paste to denuded or macerated skin until entire area is covered Implement measured to prevent friction and moisture in skin fold areas May also need anti-fungal treatment 	<ol style="list-style-type: none"> Cleanse and dry area thoroughly Apply anti-fungal powder or cream to fungal rash Consider treating fungal rash for 14 consecutive days, even if rash improves 	
Future	Future	Future	Future	Future	Future	Future
<ol style="list-style-type: none"> Bathe with Soothe and Cool Herbal Shampoo and Body Wash. Dry area thoroughly Apply Remedy PhytoPLEX Nourishing Skin Cream while skin is damp, when possible. <ul style="list-style-type: none"> Apply moisturizing only to point where lotion/cream disappears Avoid massaging red, bruised, or discolored skin, or over a bony prominence Inspect skin for signs of breakdown especially over bony prominences, and under breasts, abdominal folds, axilla areas, heels, ankles Remove socks or support hose daily to inspect feet for signs of pressure or skin breakdown 	<ol style="list-style-type: none"> Cleanse with Aloe Touch Personal Cleansing Wipe. Dry area thoroughly Apply Remedy PhytoPLEX Hydraguard to protect intact skin after cleansing and reapply as needed Inspect skin with each cleansing to identify early breakdown. 	<ol style="list-style-type: none"> Cleanse with Aloe Touch Personal Cleansing Wipe. Dry area thoroughly Apply Remedy PhytoPLEX Z-Guard to protect compromised skin after cleansing. <ul style="list-style-type: none"> Apply skin protectant to denuded or macerated skin Utilize a thin layer, and cleanse soiled area only until clean. It is not necessary to remove all of the skin protectant. Inspect skin with each cleansing 	<ol style="list-style-type: none"> Cleanse with Aloe touch Personal Cleansing Wipe. Dry area thoroughly Apply Remedy PhytoPLEX Z-Guard to protect wet, weepy, draining areas of the legs <ul style="list-style-type: none"> Avoid putting skin protectant in between the toes 	<ol style="list-style-type: none"> Cleanse with Aloe Touch Personal Cleansing Wipe. Dry area thoroughly. Apply Remedy PhytoPLEX Z-Guard to denuded or macerated skin. <ul style="list-style-type: none"> Implement measured to prevent friction and moisture in skin folds May also need anti-fungal treatment 	<ol style="list-style-type: none"> Cleanse with Aloe Touch Personal Cleansing Wipe. Dry area thoroughly Apply Remedy PhytoPLEX Anti-fungal Clear to affected area and reapply twice daily. <ul style="list-style-type: none"> Consider treating fungal rash for 14 consecutive days, even if rash improves. 	

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